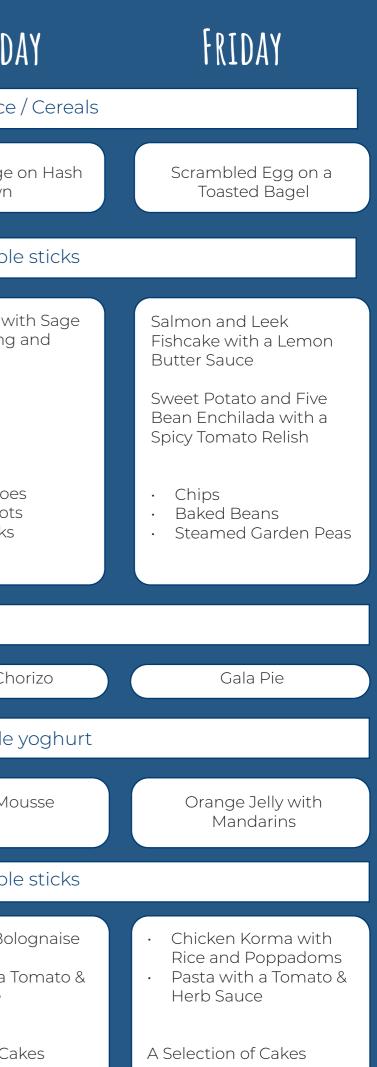


WEEK TWO 13th - 17th January	Monday	TUESDAY	WEDNESDAY	THURSDA	
10th - 14th February	Every Day: The Toasting Station / Fruit Ju				
17th - 21st March		Belgian Waffles with Maple Syrup	Croissants or Pain Aux Chocolates	Grilled Sausage o Brown	
GHAB	From a selection of fresh fruit, sweet treats, sandwiches & vegetable				
MAIN EVENT	Braised Meatballs with a Tomato and Herb Sauce	Beef and Root Vegetable Pie	Jacket Potato with a Selection of Fillings	Roast Chicken wit & Onion Stuffing a Gravy	
MEAT FREE ZONE	Butternut Squash and Lentil Dhansak with Rice	Roasted Vegetable Arancini Balls with a Tomato and Herb Sauce	Poached Egg Florentine	Asian Coconut Vegetables	
5 A DAY	 Steamed Pasta Steamed Green Beans Bashed Carrot & Swede 	Steamed RiceBroccoliSweetcorn	Baked BeansCourgettes	 Roast Potatoes Glazed Carrots Cheesy Leeks 	
	Classic Salad Bar Available Daily				
SALADS TO TRY	Sliced Chicken	Scotch Egg	Tuna Mayonnaise	Salami & Cho	
	A selection of fresh fruit available from the fruit trolley & home				
SWEET TREAT	Chocolate Chipboard with Custard	Jubilee Mint Pudding	Lemon Drizzle Cake	Mars Bar Mou	
GHAB	From a selection of fresh fruit, sweet treats, sandwiches & vegetable				
TEA (served with Squash or Water)	 Chicken Katsu Curry with Rice Pasta with a Tomato & Herb Sauce 	 Jacket Potato with Beans and Cheese Pasta with a Tomato & Herb Sauce 	 Bacon and Cheese Turnover with Potato Wedges Pasta with a Tomato & Herb Sauce 	 Spaghetti Bolo with Salad Pasta with a To Herb Sauce 	
	A Selection of Cakes	A Selection of Cakes	A Selection of Cakes	A Selection of Cal	



WEEK THREE 20th - 24th January	Monday	TUESDAY	WEDNESDAY Every Day: The Toasting S	THURSDA		
24th - 28th February 24th - 28th March		Pancake with Maple Syrup	Grilled Bacon and Baked Beans	Croissants or Pa Chocolate		
GHAB		From a selection of fresh fruit, sweet treats, sandwiches & vegetable				
MAIN EVENT	Cumberland Sausages with Onion Gravy	Chicken Tikka Masala	Jacket Potato with a Selection of Fillings	Roast Pork with A Sauce and Gravy		
MEAT FREE ZONE	Broccoli, Squash & Mozzarella Frittata	Bubble & Squeak with a Fried Egg	Moroccan Spiced Falafels with a Chunky Tomato Sauce	Aubergine Katu C		
5 a day	 Mashed Potato Steamed Peas & Sweetcorn Steamed Green Beans 	 Steamed Rice Steamed Broccoli Roasted Medley of Vegetables 	Baked BeansRoasted Courgettes	 Roast Potatoes Steamed Carro Sauteed Cabba 		
		Classic Salad Bar Available Daily				
SALADS TO TRY	Tandoori Chicken	Sliced Beef	Chicken and Bacon	Tuna Mayonn		
		A selection of fresh fruit available from the fruit trolley & homemade				
SWEET TREAT	Rice Pudding with a Fruit Compote Sauce	Banoffee Pie with Cream	Chocolate Tiffin	Pear & Blackb Crumble with C		
GHAB		From a selection of fresh fruit, sweet treats, sandwiches & vegetable				
TEA (served with Squash or Water)	 Cottage Pie with Salad Pasta with a Tomato & Herb Sauce 	 Sausage Casserole with Rice and Garlic Bread Pasta with a Tomato & Herb Sauce 	 Cheese & Tomato Pizza with Wedges Pasta with a Tomato & Herb Sauce 	 Tuna Pasta Ba Dough Balls Pasta with a To Herb Sauce 		
	A Selection of Cakes	A Selection of Cakes	A Selection of Cakes	A Selection of Cal		



A Selection of Cakes

Cakes

